

Chronic Pain, Fatigue & Autoimmune Disorders

FUNCTIONAL MEDICINE WORKSHOP



FUNCTIONAL
HEALTH INSTITUTE

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Please join us in our clinic on 15525 Pomerado RD Ste E6, Poway,
CA 92064.

To register for a workshop, email us at info@acrmed.com.

Dr. Smitha Reddy, MD

Functional Medicine MD, Rheumatologist, Researcher, Clinician

Dr. Reddy will share the latest scientific breakthroughs and methods
for safely resolving chronic health conditions that prevent people
from living fulfilling lives!

Sleep Issues

Chronic Pain

Joint pain

Chronic Pain and
Fatigue

Weight Gain

Skin Rash

*"I just started the
program with Dr. Reddy
and feel more energetic.
I am now doing more
house chores than ever
before. I have stopped
taking my pain
medication. I have been
eating more nutritious
meals with no digestive
problems.*

- Alma. R

- 1. DISCUSS 5 FACTORS THAT MUST BE ADDRESSED TO RESOLVE CHRONIC AUTOIMMUNE CONDITIONS.**
- 2. Discuss the pillars of Autoimmunity.**
- 3. Learn how our genes and inflammation from Autoimmunity can affect your sleep cycle, digestion, and aging.**
- 4. Learn how addressing root causes can reverse autoimmunity**
- 5. LEARN how drugs do not make you healthier.**

858-312-1717

Email us at **info@acrmed.com** to reserve
your spot to learn about autoimmunity, how
to deal with chronic health issues, and
personalized Functional Medicine Programs.